New Jersey TOP DOCTORS 2026



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Anthony C. Berlet, MD

Dr. Anthony Berlet is a double board-certified plastic and general surgeon with over 30 years of experience in advanced cosmetic procedures. Based in northern New Jersey and now welcoming patients at his elegant Fifth Avenue office in Manhattan, Dr. Berlet delivers natural, enduring results through surgical precision married to an artist's eye.

His foundation in architecture and fine art from the University of Pennsylvania guides his keen sense of proportion, balance, and structure. Dr. Berlet excels in facial surgeries—including rhinoplasty, face-lifts, and eyelid rejuvenation—employing meticulous techniques such as earlobe reduction to preserve harmonious aging and subtle enhancement. "Nobody should look surgical," he says. "It's about letting true beauty shine through."

Dr. Berlet is also highly skilled in body aesthetics, performing breast surgeries (lifts, reductions, and explant surgery), abdominoplasty, and comprehensive body-lifts to restore youthful contour after aging, weight loss, or pregnancy. Nearly 98 percent of his facial procedures are performed under local anesthesia with mild oral sedation, offering a safer, more comfortable experience.

His Fifth Avenue location places artful plastic surgery in the heart of New York's cultural scene, reaffirming his philosophy that form and function should coexist beautifully. Whether refining the face or sculpting the body, Dr. Berlet applies a designer's precision to achieve results that are virtually undetectable and effortlessly natural.

Dr. Berlet continues to elevate plastic surgery into an art form. "Whether it's rejuvenation or beautification," he says, "my goal is always the same: to create results that are beautifully balanced—and unmistakably natural."

HOSPITAL AFFILIATIONS: Chilton Medical Center, Pompton Plains; Cooperman Barnabas Medical Center, Livingston; St. Joseph's University Medical Center, Paterson; St. Joseph's Wayne Medical Center.

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